

## Dementia Care Training Program (DCTP) Course Outline

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### DCTP Course Overview:

This course will provide and enhance the knowledge and awareness of dementia to front-line workers, enabling them to provide quality care for persons with dementia.

### DCTP Course Outcomes:

By the end of the course, learners will actively use the U-First approach to understand the person living with dementia and their behaviour while engaging in meaningful dialogue with the care team to ensure individualized support for the person with dementia.

By the end of this 12 hour course, learners will be able to:

- Describe Person-Centered Care
- Describe general aspects of aging, Alzheimer's disease and dementia
- Interpret how changes in the brain associated with Alzheimer's disease will affect all aspects of an individual's life
- Recognize that challenging behaviour is responsive behaviour
- Apply the U-First!® approach as an individual and collaboratively to explore the possible causes of responsive behaviours and develop individualized supportive care strategies

### Course Policies:

1. **Registration:** Individual participants may register to the above programs online, in person or over the phone prior to the first day of the program. Full payment for the above programs must be completed prior to the first day of class unless another arrangement with the Client Care Coordinator or program facilitator has been made. AST reserves the right to deny or refuse entry of non-registered participants to a running professional certificate program.
2. **Fees and Refunds:** A learner who wishes to withdraw from an in person program can be refunded their program fees by submitting their request in writing to the Client Care Coordinator or the program facilitator.
3. **Attendance:** Sessions must be completed in full and in sequence. Learners who miss more than 30 minutes of a session (either arriving late or leaving early) will be requested to repeat the session before continuing.

# Alzheimer Society

## T O R O N T O

Should a learner miss any one session, the learner must notify the facilitator and/or the Client Care Coordinator at 416-640-6317 to arrange a makeup session before they can continue. There will be no extra cost to repeating a session. Registration for makeup sessions must occur within 90 days. That is if someone withdraws after session 1, they must re-register in another series within 90 days, after which the full course fee of \$75 must be paid again.

4. **Case Studies:** Learners will be given case studies as a required activity over the course of the program. This is so learners can test their understanding and practice the concepts learned. The facilitator will use case studies to assess the learner's ability to successfully apply the course content and work as a team. The facilitator will provide feedback and guidance to the learners to support learning and application of course content based on a rubric.
5. **Assessment of Learners:** For DCTP and ODCTP, in order to determine whether the learning objectives have been met, learners will be assessed based on the following:
  - a. Active participation in program activities and discussions/forums
  - b. Satisfactory completion of the case study based on a rubric.
6. **Issuance of Program Certificate:** A certificate will be issued after the completion of all classes and learning objectives have been met.

### Learner Code of Conduct

- Cell phones are to be on silent or vibrate during each module
- Learners are expected to maintain confidentiality about the discussions in class, particularly where names of clients, staff or organizations are used.
- Learners are expected to be respectful towards other learners and the instructor. Any learners engaging in disruptive behavior may be asked to leave, at the discretion of the instructor.

### Method of Delivery:

Can include but not limited to: lectures with discussions, group activities, small-group and class discussions, videos, readings, case studies, simulations and other exercises.

### Required Materials:

All materials will be provided by the Alzheimer Society of Toronto's Public Education Team