

Alzheimer *Society*  
TORONTO

**BUILDING  
CONNECTIONS  
THAT MATTER**

**ANNUAL REPORT 22/23**

# A Message from our CEO *Dave Spedding*

It is with great pride that we acknowledge the accomplishments of everyone here at the Alzheimer Society of Toronto through the past fiscal year. An organization is only as strong as its people, and we are very fortunate to have a great team of staff and volunteers who drove our success. I would like to especially recognize our leadership team, Kari, Kristy and Nancy, as well as our Board of Directors, for their dedication and drive during this past year.

Over these past few years, the Alzheimer Society of Toronto has had to adapt quickly to meet the growing needs of the community and because of that quick innovation, there are a lot of new ways we can be there for you now. We increased our virtual services and offered additional online learning modules which focus on both care partner education and health-care professional training. With our satellite locations across the city and a growing number of community events, we have shown that our staff and volunteers are not only up for the challenge but thrive when the community needs us most.



We are looking forward to further supporting our clients, care partners and healthcare professionals in the coming year as we push ourselves even more. Our plan is to continue to outreach deeper into the communities that need our support most; and provide more personalized care to our clients. We encourage you to remain on this journey with us and be a part of making Toronto a more dementia-friendly place to live.

Dave Spedding  
Chief Executive Officer

**We are proud to say throughout this last year, we were able to:**

- Serve 3698 clients through Active Living Programs
- Educate 7405 people through our courses and training
- Expand our program reach and services through the opening of our Mid-Scarborough Hub

**We encourage you to remain on this journey with us and be a part of making Toronto a more dementia-friendly place to live.**

## OUR VISION

A world without Alzheimer's disease and other dementias.

## OUR MISSION

To alleviate the personal and social consequences of Alzheimer's disease and other dementias and to promote research.

## OUR VALUES

Collaboration, Accountability, Respect, Excellence

# Education

## Fostering connections in the community through education



In 2022-2023, 7405 healthcare professionals and members of the general public from all across Toronto received education from the Alzheimer Society of Toronto. Through the certificate programs, 1940 certificates were earned by students for the completion of education training and courses. The Alzheimer Society of Toronto was honoured by the generous support by the Carswell Family Foundation, and used that funding to educate an additional 131 graduates of the U-First program.

### 2022-2023 Highlights!

- Dementia Foundations was launched, to ensure foundational dementia knowledge was made accessible prior to taking the U-First program.
- Built partnerships with the Toronto District School Board Adult Learning Centres, Centennial College, Evergreen College, Trios to offer the Dementia Foundations course to its students.

“ I will aim to use patient-centred language when communicating with and about my patients who have dementia. I will connect with external resources [like the Alzheimer Society] to develop a better understanding of working with clients who have dementia”

## What to expect in the coming year!

AST is making improvements to our information systems to improve the way our clients and staff can access support and information. We would like to thank the Ontario Trillium Foundation for their support in making these changes possible:

- **Dementia Talk App:** Launching next year, the app seeks to help care partners and families support people living with dementia and provide a place to share meaningful information.
- **Electronic Medical Records:** Through greater technology implementation, we will be able to increase organisational capacity and streamline processes.

# U-First!®

## Cultivating care heroes through U-First!® education

High quality care that improves the lives of people living with dementia can't exist when the people that provide that care do not have effective training that leads to real learning and the ability to use that learning in practice. U-First!® has been designed using adult learning principles and practices that lead to learner engagement, deeper learning and transfer of learning to practice.

When an investment is made in U-First!® education those providing care whether health care providers or care partners (family and friends), are equipped with a problem solving framework to help them understand and respond to behaviour changes that occur with cognitive impairment in a holistic, person-centred way. Through practice opportunities and action planning built into the program, they will be better prepared to use what they have learned.

The result? Participants feel more confident and skilled in identifying

causes of behaviour change and with this knowledge, respond more effectively leading to better quality of care for the people they support.

This year, there has been growing interest in U-First!® as people see these results and word spreads. Organisations from across Canada are incorporating U-First!® as part of their core training for health care providers in various sectors from Community to Long-term Care to Acute Care. We have increased

the number of partnerships with organisations to support them in their efforts to provide effective training that sets their staff up for success in providing high-quality care.

An all new digital U-First!® Wheel tool that's mobile friendly was launched to support use of the U-First!® problem solving framework. **For more information on the U-First!® Wheel, please visit: [www.u-first.ca/wheel](http://www.u-first.ca/wheel)**



### By the numbers In the last year...

  
**1,500+**  
Health care  
provider  
participants

  
**111**  
U-First!® for  
Health Care  
Providers 6-hour  
Workshops

  
**12**  
U-First!® 3-week  
e-learning courses  
for Health Care  
Providers

  
**150**  
U-First!®  
Care Partner  
participants

To learn more about U-First!® and opportunities to take part in this education, visit [u-first.ca](http://u-first.ca).

# First Link®

## Successfully supports aging at home; in the community

The Alzheimer Society's First Link® program connects people living with dementia and their care partners to the information, supports, and services they need as early as possible and throughout disease progression. These vital individual, family, and group supports are offered both in-person and virtually across all 27 local Alzheimer Societies in Ontario. These supports include individualised assessments, care planning, ongoing proactive follow-up, and communication between providers and across sectors along the continuum of care. Our annual provincial client satisfaction and impact survey responded to by over 3,800 clients showed that First Link® and the Alzheimer Society's support and services have an impact on care partners and those living with dementia by helping in times of need, providing support and education to avoid crisis events such as emergency room visits, and enabling people living with dementia to live at home longer.

To learn more, please visit [www.firstlinkontario.ca](http://www.firstlinkontario.ca)



**72%**

of Care Partners said that connection with their local Alzheimer Society helped them to provide care at home longer.

**31.9%**

of care partners reported that support from the Alzheimer Society delayed their decision to access assisted living or long-term care homes

**86%**

of people living with dementia and 85% of care partners reported that the Alzheimer Society assisted them in times of need.

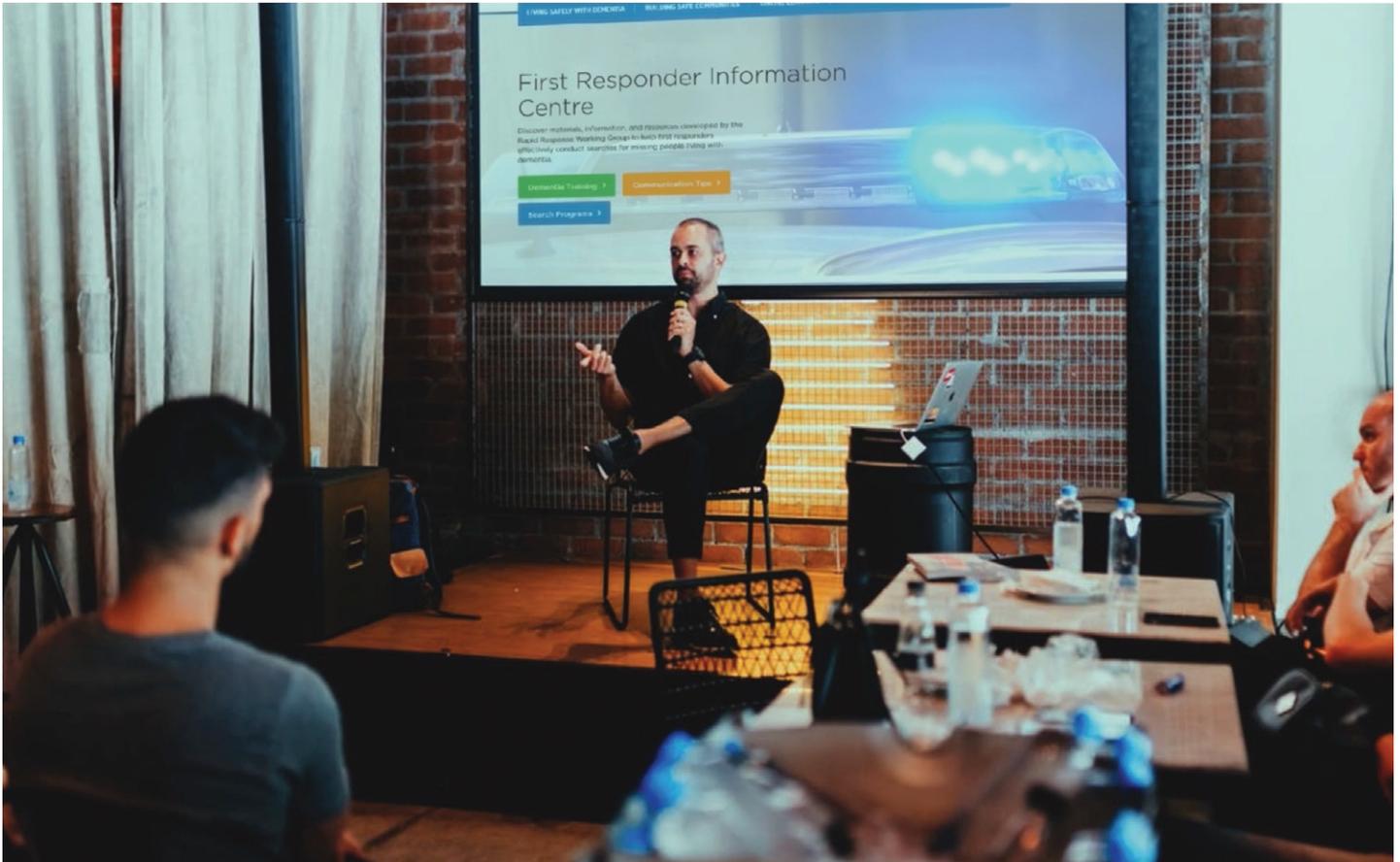
**97%**

of people living with dementia and 94% of care partners indicated that they are likely or very likely to recommend the Alzheimer Society to others affected by dementia.

**“** It was just a really bad day and thank goodness I called [my First Link Care Navigator]. She helped me calm down and think things through. I would have gone to the Emergency department as I did not know what to do with her... I am so grateful to have such an excellent [Society] close to home to support me and my husband.” – **Care Partner**

# Finding Your Way®

## Living safely with dementia



Finding Your Way® helps people living with dementia, their families, care partners, and communities recognize the risk of going missing, be prepared for incidents of going missing, and ensure that people with dementia can live safely in the community. This past year through funding support provided by the Ministry for Seniors and Accessibility, 8,637 education and awareness-raising events took place, including virtual staff-led education sessions and online learning, reaching a total of 37,413 individuals. Some of these events were provided in French, Simplified

and Traditional Chinese, Italian, and Punjabi. Further, the Rapid Response Advisory Group consisting of police first responders, Alzheimer Society staff and people with lived experience continued the development of tools and resources for first responders by creating and finalising four police e-learning modules: Overview of dementia; Interaction strategies; Policing and dementia; and Search and rescue. These modules will be available to First Responders across Ontario.

To learn more, please visit:  
[www.findingyourwayontario.ca](http://www.findingyourwayontario.ca)

“ [The] instructor presented the material in a manner which was easy to follow, informative. Excellent presentation. Good presenter. Brought some sense of humour to the presentation as well.” – **First responder, participant.**



# Music Project

## The power of music

Alzheimer Society  
**music project**

The Alzheimer Society Music Project supports people living with dementia by providing a personalised form of music therapy. In 2022-2023, we provided 710 music packages across Ontario specifically tailored to each client's taste in music. Each package includes an Mp3 player filled with

music selected by caregivers from our vast music library, over the ear headphones, charging cable and block, a printed playlist, and a program guideline!

The Music Project not only caters to people living in the community but also to those who live in Long Term Care. We have partnered with numerous LTC homes providing an in-depth orientation to staff informing them of how the service works so their residents can experience the benefits of personalized music.

### 2022-2023 Highlights!

- Conducting a streaming pilot to explore expanding options for Music Project by identifying digital streaming platforms that would best suit the needs of our clients. These streaming options include Apple Music, Spotify, and YouTube Music.
- Partnering with JazzFM to bring awareness to the community about the service that Music Project provides.

### What to look forward to for next year!

- Completion of the streaming pilot and plan to implement streaming option to clients
- Partnership with community members to bring more awareness of Music Project through concerts, health fairs, etc.



**“** To the wonderful staff/volunteers who put together [my husband's] music. My husband passed away in August but he had many hours of enjoyment of this awesome equipment listening to his favourite music. I so appreciate your work especially through the pandemic outbreaks when I wasn't allowed to visit him. At least I knew he would get happy moments with what you put together for him! Many, many thanks!" – P. Visser

# Active Living Program

## Living well by staying active

Active Living Programs enhance the quality of life for people living with dementia and their care partners by providing opportunities for social inclusion. Throughout the pandemic, many programs adapted to offer virtual sessions, proving to be a meaningful way to expand reach amongst the community. Throughout 2022-2023, over 3698 clients were served through in-person and virtual programs. Some of the program highlights include:

### IN-PERSON PROGRAMMING:

- **The Mid-Town Social** is a monthly in-person program that focuses on social wellness for people living with dementia and their care partners. In this series, we create purposeful connections among people who are on similar journeys while engaging in a variety of engaging activities including creative movement and cooking.
- **In-Person Woven Stories** – Learning basic weaving techniques and together creating a simple hand-woven tapestry, while exploring our personal relationships and family heritage to textiles. The final class we received a guided tour to the Textile Museum of Canada.
- **Making Strides** – Walking group at the Scarborough Town Centre. The group will remain

physically active while connecting with others in a safe, barrier-free environment.

### VIRTUAL PROGRAMMING:

- **Virtual Non-Impact Aerobics (NIA) with Jennifer Hicks** uses easy to follow movements to build strength and flexibility while conditioning your body. The sessions are adapted and sensitive to all levels of agility and are suitable for individuals who want the support of being seated throughout the class.
- **The Royal Conservatory Rebanks Fellowship Virtual Concert** is a monthly live concert with talented musicians at the cusp of their professional careers. Following the virtual concerts, audience members are welcome to ask questions and interact live with the performers.
- **Virtual Art Talks AGO** is a monthly program facilitated by an art educator exploring their collection through conversation, exchanging ideas and observations about the selected artworks.

### WHAT TO LOOK FORWARD TO IN 2023-2024!

We are always working towards enhancing our Active Living

Program experience by bringing new, innovative and engaging opportunities. Some of the new and exciting programs to look forward to include:

- **Explore our Personal Journey's with Virtual Reality** is a unique in-person group program using immersive 360 video to reminisce by virtually seeing the places we were born, mapping out our travels to where we are today, to visit the places on our bucket lists, and to experience the concerts from our favourite musicians.
- **Pride in Our Memories** – A 4-week program that invites participants on a guided walking tour to re-explore the social and architectural significance of Toronto's gay Village through the lens of photography, create art together and celebrate our memories together. This program is intended for LGBTQ people living with dementia and their care partners.
- **Everybody can be Musical** – An in-person singing/choral program facilitated by Robin Dann, which allows people living with dementia and their care partners the opportunity to experience the joy of making music together.

## Thank you to our program funders!

**The George C. Hunt Foundation:** Their financial support allowed us to add an additional Active Living Coordinator position to our team, so we were able to deliver twice the number of programs and enhanced our impact on the community!

**New Horizons For Seniors:** This funding will be able to expand our Active Living Program, revive the Date Night program and rejuvenate our Advisory Committee, made up of senior volunteers including people living with dementia, care partners and relevant community members.

# Community Partnerships

## The Hub - Growing In Scarborough

Last year, we announced the plan of a shared community office space for the Alzheimer Society of Toronto and our valued community partner, Scarborough Centre for Healthy Communities (SCHC) to offer our programs and services in the Scarborough area. We were thrilled to be able to open the doors this year and begin expanding our services throughout the Scarborough community at our new address, 2658 Eglinton Avenue East, Scarborough.

The Hub allows the Alzheimer Society of Toronto and related health services to be more significantly embedded within the Scarborough community, increase accessibility to services for our clients and offer an inclusive space which is accessible, safe and welcoming.

It is our goal to expand AST's services in Scarborough from 10% to 25% over the next three years

and continue to enhance our partnership with SCHC, building capacity for each organization to meet the needs of the community.

### What's new at The Hub! Active Minds Club (AMC) – Young Onset Adult Day Program

The AMC is an inclusive, age-appropriate space uniquely designed for individuals living with Young Onset Dementia (a form of dementia before the age of 65 years) or Mild Cognitive Impairment.

#### Goal of the Active Minds Club:

- Enhance quality of life by maintaining an optimum level of intellectual, physical, and social functioning
- A circle of support and comradery where all participants experience a sense of belonging
- An inclusive space which is accessible, safe, comfortable, and welcoming

- Providing the primary caregiver with respite

#### What to look forward to for next year!

- Professional Education
- Active Living Programs
- Intergenerational Family Supper/ Lunch Club
- Dementia Friendly space for families
- Respite

“ Although I've attended the current Active Minds Club for only a few sessions I've been made to feel very welcomed. Not only the members from past years, but also the current participants in the club are kind, and very friendly, making not only me, but also other new members, feel right at home.”

- AMC Client



# An Unforgettable Evening

## IG Private Wealth Management Unforgettable Evening Gala in support of the Alzheimer Society

Each year, the Alzheimer Society of Toronto hosts the IG Private Wealth Management Unforgettable Evening Gala that brings together friends, celebrities, philanthropists, and business leaders to raise funds for persons living with dementia and their care partners.

In 2022, we hosted the event fully in-person after 3 years. Almost 300 guests came together and raised over \$630,000! Guests experienced

impactful client stories and a beautiful performance by Noah Reid of the famed "Schitt's Creek". A huge thank you to Alice and Grant Burton and the George C. Hunt Family Foundation who each contributed \$100,000 to the evening's overall success and their support of the expansion at The Hub, our new office space in Scarborough. Thank you to all our incredible sponsors who made it a truly unforgettable evening!



**Thank you to all our incredible sponsors who made it a truly unforgettable evening!**

**We could not have done it without you.**

### **TITLE SPONSOR**

IG Private Wealth Management

### **DINNER SPONSOR**

Whitehorse Liquidity Partners

### **PROGRAM SPONSOR**

RBC

### **COCKTAIL RECEPTION SPONSOR**

CIBC

### **FUND-A-NEED SPONSOR**

BMO

### **AFTER PARTY SPONSOR**

TD

### **INNOVATION IN DEMENTIA CARE SPONSOR**

Toronto Memory Program

### **EXCELLENCE IN HEALTH CARE SPONSOR**

Integracare Incorporated

### **EXCELLENCE IN HOME CARE SPONSOR**

Verve Senior Living

### **CORPORATE SPONSORS**

Alzheimer Society of Ontario  
Linda Bertoldi & Bill Bogart  
Deloitte  
ComForCare  
Hilary Partner  
Intact Financial Corporation  
National Pharmacy  
Rogers

# IG Wealth Management Walk for Alzheimer's 2022

## Walking to raise Alzheimer's disease awareness

The annual IG Wealth Management Walk for Alzheimer's is Canada's biggest dementia fundraiser, and last year's event was the best yet. Last May, people from across the country rallied together to raise funds and crucial awareness for those living with Alzheimer's disease and other dementias and their care partners.

What an event it was! Bright smiles were aplenty, and laughter filled the air as we returned to the first in-person Walk since 2020. Over 9,000 Ontarians came out and made a huge impact – together, we raised over \$2.3 million!

Thanks to you, Alzheimer Societies in Ontario raised over 40% of the

total funds raised by all of Canada. Across the country, over 19,000 Canadians raised over \$5.7 million dollars.

ALL of this money goes directly back to communities in need and makes a big difference for Canadians affected by dementia. The funds are used to connect those in need with social programs that enrich and empower participants and ensure that no one experiences dementia alone.

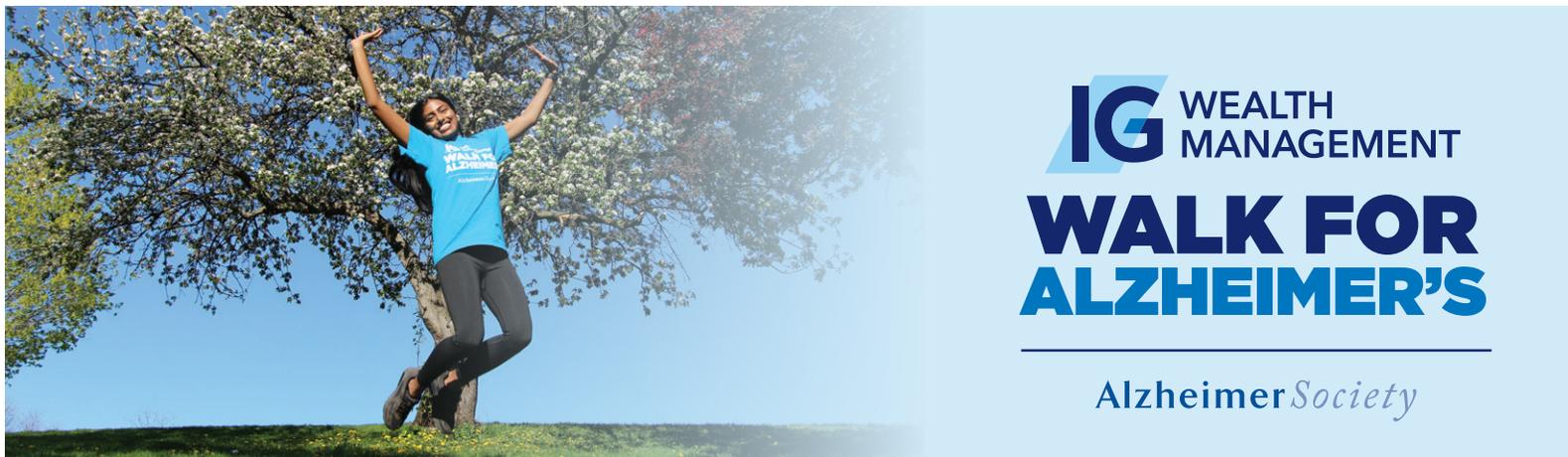
### Why participate?

Because right now, there are over 282,000 Ontarians living with Alzheimer's disease and dementia, many of whom feel isolated and

like they are facing it alone. That number is expected to triple by 2050. Dementia diagnoses are increasing at unprecedented rates, and while we have made progress in the last decade to better address this disease, much more work needs to be done.

Spreading Alzheimer's disease and dementia awareness is possibly more important now, than ever, and that's why we are so grateful for all this year's Walk participants who made an incredible impact for those living with dementia.

From everyone at the Alzheimer Society, THANK YOU for making events like this possible.



### THANK YOU TO OUR SPONSORS

IG Wealth Management  
Carswell Family Foundation  
Toronto Memory Program  
Verve Senior Living  
Ontario Brain Institute

Integracare  
Mosaic  
Elder Care Transitions  
Alector Inc  
Centricity

Parkland on Eglinton West  
Lifeline  
ExcellCare  
Bayshore Home Health

# Thank you to Integracare

The Alzheimer Society of Toronto is proud to continue our partnership with Integracare Inc. to provide a range of innovative dementia care training for all of their personal support workers and registered practical nurses in order to create advanced educational opportunities for frontline health workers. As we see a steady rise in the rate of dementia across Canada, the pandemic strengthened the need for meaningful and innovative partnerships between Canadian non-profit organizations and the corporate businesses in their communities.

"As the leading family-funded at-home dementia care provider in the GTA, we have a responsibility to ensure that our caregivers receive the highest quality education. The Alzheimer Society of Toronto is a leader in dementia care and education and their support helps set our caregivers apart. We are thrilled to continue this partnership and provide our caregivers with the best tools available to provide world-class dementia care." said Lee Grunberg, CEO of Integracare. Integracare will also continue to be involved in our events including the IG Wealth Management Walk for

Alzheimer's, Unforgettable Evening Gala, and Alzheimer Society PSW Nights.

Thank you to the amazing team at Integracare for the work that they do and for their support!

*"We are thrilled to continue this partnership and provide our caregivers with the best tools available to provide world-class dementia care".*

– Lee Grunberg

## Community Events

The Alzheimer Society of Toronto is grateful for all of the incredible community members who planned their own fundraising events or participated in community fundraising events.

### 2022-2023 Highlights!

#### Memory Ball

- \$48,000 raised in 2022!

#### Moose and Goose Gala

- \$30,000 raised in 2022 and over \$90,000 raised by The Moose and Goose Club since 2019!

#### Yorkville Run

- \$20,000 raised in 2022!

#### The Multisport Canada Triathlon Series

- \$8,700 raised in 2022!

#### TCS Toronto Waterfront Marathon

- \$38,000 raised in 2022!

#### Gibbs Walk

- 10<sup>th</sup> year of participating
- \$10,000 raised in 2022!



# Research

## From innovation to impact

The Alzheimer Society Research Program (ASRP) is the only Canadian non-governmental organisation that funds research exclusively on dementia. We fund Canada's most promising researchers to pave new paths forward in dementia research.

All research conducted through the ASRP is people-centred; this means that every project we fund engages people living with Alzheimer's disease and dementia at every turn. This way, we ensure that our findings will genuinely improve their quality of life. After all, that is the

maxim that guides all our work—to increase the quality of life and care for those living with dementia.

The ASRP is one of Canada's most innovative hubs for dementia research. Put simply, we help the best and brightest Canadian minds bring their ideas to life.

Right now, we have an incomplete understanding of risk and protective factors for dementia development and the progression of dementia. There is so much work left to be done, but these innovative researchers are up-to-the-task.

### The ASRP has two goals:

- to encourage researchers to explore radical new ways to advance our knowledge of dementia;
- to improve the quality of life for people living with dementia, their families and care partners

If you'd like to invest in world-class dementia research, learn more here: [alzheimer.ca/en/research/alzheimer-society-research-program](https://alzheimer.ca/en/research/alzheimer-society-research-program).

## Thanks to your investment in dementia research, we supported 10 new and exciting research projects here in Ontario.

### **Dr. Sherry Dupuis & Dr. Pia Kontos,**

University of Waterloo & University Health Network  
**Title:** Imagining and Promoting Compassionate End of Life Care for People Living with Dementia Using Documentary Film

### **Dr. Marie Savundranayagam,** Western University

**Title:** Optimizing the foundation to transform dementia care training using virtual reality

### **Dr. Aravind Ganesh,** University of Calgary

**Title:** Perspectives, Quality of Care, and Outcomes of People Living with Dementia who Experience Ischemic Stroke: A Mixed-Methods Research Program

### **Dr. Shelley Canning,** University of the Fraser Valley

**Title:** Implementing a Dementia-Friendly Care Approach for Cancer Patients Living with Dementia

### **Dr. Mariko Sakamoto,** University of British Columbia

**Title:** Dementia Friendly Communities: Including the Perspectives and Experiences of People with Dementia who Live Alone

### **Dr. Annie Robitaille,** University of Ottawa

**Title:** An intergenerational volunteer program for persons living with dementia and their caregivers

### **Dr. Connie Schumacher,** Brock University

**Title:** Exploring Caregiver Burden Strategies using the interRAI CaRE Algorithm: A Pilot Feasibility Study

### **Celeste Pang,** University of Toronto

**Title:** Stranger than Family: Guardianship and Ethics of Substitution for People Living with Dementia Going it Alone

### **Marie-Lee Yous,** McMaster University

**Title:** Building a National Virtual Community of Practice to Support Family and Friend Caregivers of Persons Living with Dementia to Implement Namaste Care

### **Adebusola Adekoya,** University of Waterloo

**Title:** Community Alert Systems for Missing Persons with Dementia: Policy to Implementation. Pushing the threshold of what can be done in dementia research doesn't just affect those living with dementia—it affects us all.

# Advocacy

## Advocating for a more dementia-friendly Ontario

In December 2021, the Alzheimer Society convened a panel of 21 experts across the spectrum of dementia care and asked a simple question: what are we doing wrong today in Ontario? This feedback led us to 77 fully costed recommendations, which we compiled into our Roadmap Towards a Renewed Ontario Dementia Strategy.

Throughout 2022 the Roadmap was promoted by ASO to elected officials, policy advisors, external stakeholders, and media. We met with nearly 200 major party candidates during last year's provincial election, and held one-on-one meetings with 41 Members of Provincial Parliament following the June vote. All major parties included some sort of commitment to improve dementia care in their election platforms, and when the government was re-elected it followed through on a promise secured by ASO to increase funding for the Ontario Dementia Strategy by \$5 million annually.

That wasn't enough, so we didn't stop there. Targeted lobbying efforts have caught the attention of senior civil servants, political staff, and Cabinet Ministers within the provincial government.

**We look forward to celebrating major investments in next year's annual report.**



ASO staff and Dr. Sharon Cohen, Medical Director with the Toronto Memory Program (second from left), present research findings at Queen's Park in September 2022.

The Roadmap continues to serve as ASO's flagship advocacy document. Multiple members of our expert panel expressed gratitude that such a project was finally being undertaken, saying that it was "about time". So, we decided not to disband the panel after the Roadmap was launched. The end result is a panel of 17 leading experts in dementia care across the province: the Ontario Dementia Care Alliance (ODCA).

The ODCA provides proactive, tangible recommendations to

the provincial government on how it can meaningfully improve interactions Ontarians affected by dementia have with the health and long-term care systems.

Launched in December 2022, the ODCA released its inaugural policy document just a month later.

We're excited to see where this takes us and honoured to be working alongside the brightest minds in dementia care to build a more dementia-friendly Ontario.

**The Ontario Dementia Care Alliance is committed to improving dementia care.**

# Advocacy

## A treatment is coming - Ontario isn't ready

For the first time ever, a treatment for Alzheimer's disease—not just its underlying symptoms—has been submitted for approval to Health Canada. Lecanemab (Leqembi) is already approved for use in the United States. Within the next two years, it is entirely possible that Ontario will be tasked with getting Canada's first-ever approved treatment for Alzheimer's disease to thousands of recipients.

### And we're not ready.

To be clear this drug is not perfect, and will likely only be prescribed to a small fraction of Ontarians living with Alzheimer's disease. It will not be for everyone, and comes with potentially serious side effects. But it is the first, and as we have seen with other chronic diseases the first approved treatment shows that breakthroughs are possible, leading to a fresh influx of research interest and clinical studies.

This first drug will lead to more. Future treatments will be safer, cheaper, more effective, and able to help more people. How we prepare for this first treatment will set the stage for how we implement future therapies, so it is crucial we get this right.

Last year the Alzheimer Society of Ontario released research showing that, if a treatment for Alzheimer's disease is approved for use in Canada, Ontario is poorly positioned to deploy it. Ontario's lack of preparedness will cost the province nearly \$4 billion in avoidable hospital and long-term care admissions for people living with dementia whose cognitive decline could have been slowed had they had timely access to a treatment.

The main bottleneck will be diagnosis. Today, it takes between 12-18 months on average to secure

a diagnosis of Alzheimer's disease in Ontario. With the introduction of a disease-modifying therapy, this wait time will skyrocket to seven and a half years—by which time treatments that need to start during the earliest stages of Alzheimer's disease would no longer be effective.

Ontario must act now to prepare: providing education to primary care providers, where most Ontarians start their path to diagnosis; making more effective use of specialists' limited time; bolstering our MRI and PET scan capacity; and investing in research for emerging screening techniques, such as blood-based biomarkers and retinal scans.

**Ontarians are watching.  
We have no time to lose.**

# Thank you to our Donors

## Leaders of Hope

We are grateful to the individuals, foundations and corporations who have made a significant gift to the Alzheimer Society of Toronto.

### \$500,000 - \$999,999

Anonymous(1)

### \$250,000 - \$499,999

George C. Hunt Family Foundation

### \$100,000 - \$249,999

Alice and Grant Burton

Carswell Family Foundation

Bob & Pat Decker

Estate of Salvatore Brancaccio

IG Private Wealth Management

Ontario Trillium Foundation

Anonymous(1)

### \$50,000 - \$99,999

Patricia Hemming

Ontario Brain Institute

Anonymous(1)

## Annual Donors and Bequests

Thank you to the following individuals, foundations and organizations for their generous support of \$1,000 or more in 2022-2023.

### \$20,000 - \$49,999

Anonymous(3)

### \$10,000 - \$19,999

Anthony Anderson & the Anderson  
Family Foundation

Linda Bertoldi & Bill Bogart

Laurel Bresnahan

BMO Financial Group

Estate of John Campbell

Frema Holdings

John & Deborah Harris

The Hope Charitable Foundation

David and Sandra Johnson

Joseph E. Lowe

Barry & Rose McInerney

RBC

TD Bank Group

Pam & Luc Vanneste

Woodgreen Community Services

Anonymous(2)

### \$5,000 - \$9,999

Alector Inc

Charles Caty

Jeff & Carolyn Carney

Chartwell Retirement Residences

ComForCare Home Care

Martine Celej

John & Mary Crocker

Gayle and Bob Cronin

Cynthia Devine

Stan & Diane Gasner Fund

Jeff & Sue Heath

Karen Higgins

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Hicks Morley

Damon Murchison

Hilary & Graham Partner

National Pharmacy

Carol A. Paradine

Peloton Capital Management

Rogers

Dean Summerville

Doug Wilkinson

Anonymous(10)

### \$2,500 - \$4,999

Elizabeth M. Boyd

Edward & Fern Cohen Foundation

Les Dakens

Elder Care Transitions  
Jeff & Tina Green  
Estate of Elizabeth Joyce Hawtin  
Bob and Cathy Hull  
Sean and Kari Humphrey  
Jay and Janny Kellerman  
Helen Killoch  
KJ Harrison Investors  
Chris Lynch  
Vasant Pachapurkar  
The Powis Family Foundation  
Mosaic Home Care Services &  
Community Resource Centre  
Ralph & Michelle Montemurro  
Rotary Club of Toronto Forest Hill  
Greg Shaw  
United Way of Greater Toronto  
The Whiteside Foundation  
Anonymous(10)

**\$1,000 - \$2,499**

1140 Yonge Inc.  
Sasanoosh Aflatoun  
Lloyd Barbara  
David & Joan Black  
Derek Bullen  
Careable Care Management  
Diane Carswell  
Brenda Cathrea  
J Chan  
Debbie Chant

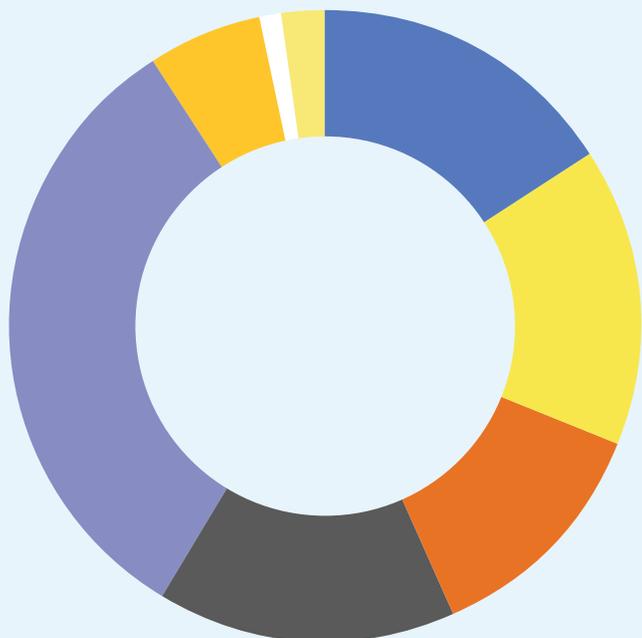
Clayton Gytoku Fund at  
Toronto Foundation  
Dr. Ian Cohen  
Paula Cohen  
The Copland Family  
Jo-anne and Jeremy Cole  
Delia Crawford  
William & Inge Christie  
Canute Distin  
The Dunfield Retirement Residence  
Excellcare  
Mark & Sharon Evans  
Sarah Fife  
P. Lee Fisher  
The Flora-Kirsch Family  
David Galloway and Jan Venus  
Jim Ginis  
Winnie Go  
Melissa Goldband & Lee Grunberg  
Luke Gould  
R. A. Grant  
Margot Guenther  
Judith Harris  
Naomi Harris  
Jane and David Horrocks  
Neil Jacoby and Karen Brown  
Liane Kim  
Monica Kowal & Andrew Heal  
Cheryll A. Kwok  
Ashley Kwong  
Helene Lavine  
Dr. Robert Lester

Craig Linton  
The Luchini Family  
H. Ross MacKinnon  
Jennifer McGoey  
John J McLaughlin  
McLean Family  
Barry Michaels  
Lucian Michaels  
Nalu Communications Inc  
Parkland on Eglinton West  
H. Lynne Patterson &  
Mark Obradovich  
Ronald Pearlman  
Malcolm Perlman  
Pipe All Plumbing & Heating Ltd.  
Eddie and Harriet Rice  
Sandra Roberts  
Hani Sadek  
Ryan & Lisa Shoemaker  
Lisa Sundarsingh  
The Smith Family  
Greg Thompson  
Moses & Temara Tobe  
Foundation Inc.  
Maria Vandenhurk  
The Vanneste Family  
the Villarroel Family  
Benita Warmbold  
Krista Webster  
Susan White  
Anonymous(53)

**We apologize for the accidental misspelling or omissions of donor names. If you have not been appropriately recognized, please contact us and we will correct the oversight in future publications.**

# Statement of Operations (in dollars)

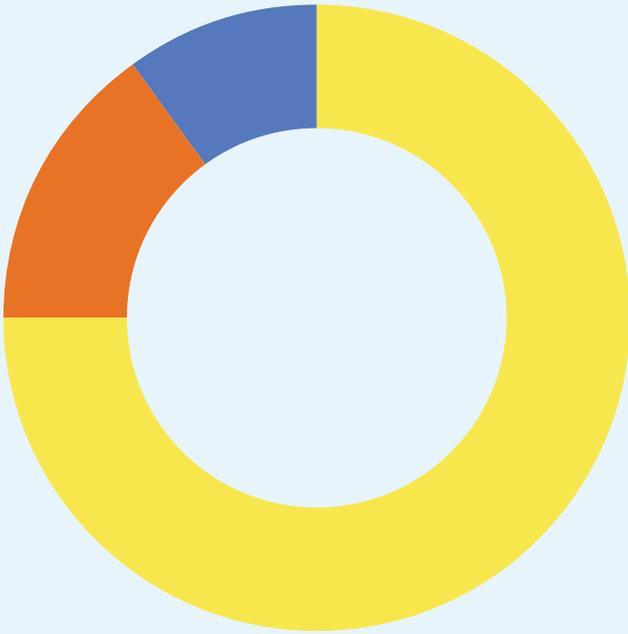
April 1, 2022 – March 31, 2023



## Revenue

	2023	2022	
Events	1,129,620	925,039	●
Corporate giving & foundation giving	1,075,882	600,840	●
Individual giving & direct marketing	878,259	913,503	●
Bequests	1,075,946	429,761	●
<b>Total support from the public</b>	<b>4,159,707</b>	<b>2,869,143</b>	
Government health programs	2,294,398	2,307,846	●
Partner charities	408,424	371,331	●
Literature & seminars	75,315	73,166	○
Investment & other income	147,108	142,918	●
Government subsidies		380,410	○
<b>Total revenue</b>	<b>7,084,952</b>	<b>6,144,814</b>	

Complete audited financial statements are available at: [alz.to/accountability](https://alz.to/accountability)



## Expenses

	2023	2022	
Total programs & services	4,737,528	4,027,514	●
Fundraising	932,587	921,769	●
Administration	623,499	632,185	●
<b>Total expenses</b>	<b>6,293,614</b>	<b>5,581,468</b>	
<b>Excess (deficiency) of revenue over expenses</b>	<b>791,338</b>	<b>563,346</b>	

Complete audited financial statements are available at: [alz.to/accountability](https://alz.to/accountability)

You can do something about dementia.

**DONATE TODAY**

[alz.to](http://alz.to)

**Alzheimer Society of Toronto**  
20 Eglinton Ave. W,  
16th Floor, Toronto, Ontario M4R 1K8

Tel: 416-322-6560  
Email: [write@alz.to](mailto:write@alz.to)

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