

QUICK FACTS ABOUT DEMENTIA

Personal Connections



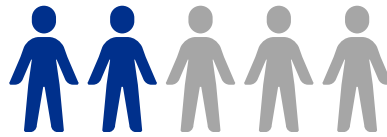
41%

have a connection to Alzheimer's or dementia.



4 out of 10 Canadians are personally affected by dementia.

Breaking the Stigma



2 in 5 people think they will be treated differently if diagnosed.



1 in 4 people would be worried about telling their family about their diagnosis.

Overcoming Barriers



19%

Would avoid seeking help for as long as possible.

If diagnosed with Alzheimer's or dementia:



66%

Fear becoming a burden to their family.



24%

Believe they could live well with the disease.

Options for Support

Nearly Half

of Canadians would not know where to turn to for support if they thought they might have dementia or Alzheimer's.



46%

HELP IS AVAILABLE

The Alzheimer Society of Toronto offers:

 **Free** Programs

 **Free** Counselling

 **Free** Education

 **Free** Support

Learn more:  alz.to  416-322-6560  info@alz.to